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## VMHA Atom/Pewee Skills

Cost: \$75  
6 Sessions  
24 players maximum  
Goalies Free

Time: Sundays 9:15-10:15am  
Rink: Britannia

Dates	
April 7th	April 14th
April 21st	April 28th
May 5th	May 12th

Instructors: Rod Ramsay and Matthew Adams

### Description

These sessions will focus on Power Skating and Puck Skills with coaches Rod Ramsay and Matthew Adams. These sessions will provide a players a chance to stay on the ice over the spring and work on their hockey skills. Learn from these two coaches and improve for next season.

- **Email:** [hockey-director@vmha.com](mailto:hockey-director@vmha.com)
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