



VMHA H3-H4-Atom

Cost: \$150
5 Sessions
24 players maximum
Goalies Free

Time: Saturday 3:15-4:15pm
Rink: Britannia

| Dates | |
|------------|------------|
| April 13th | April 20th |
| April 27th | May 4th |
| May 11st | |

Instructors: Darcy Zajac and Jason Krog

Description:

VMHA is pleased to have Darcy Zajac and Jason Krog back as skill development providers. Through this VMHA spring program they will get 5 sessions with our players and provide a high level training option for our members. This program is designed for players hoping to play rep in the future. Most of the drills will require basic skating skills and hockey knowledge. This program is not for beginners but all VMHA members are welcome to participate. Darcy and Jason's playing careers are well decorated and have a lot to give back to young players. Sign up for this camp to receive top end training from some of the best in the Lower Main- land.

- Email: hockey-director@vmha.com
- Twitter: [@VanMinorHockey](https://twitter.com/VanMinorHockey)