



VMHA H2-H3-H4

Cost: \$75
6 Sessions
24 players maximum

Time: Sundays 8:15-9:15am
Rink: Britannia

Dates	
April 7th	April 14th
April 21st	April 28th
May 5th	May 12th

Instructors: Rod Ramsay and Matthew Adams

Description

These sessions will focus on Power Skating and Puck Skills with coaches Rod Ramsay and Matthew Adams. These sessions will provide a players a chance to stay on the ice over the spring and work on their hockey skills. Learn from these two coaches and improve for next season.

- **Email:** hockey-director@vmha.com
- **Twitter:** [@VanMinorHockey](https://twitter.com/VanMinorHockey)