

TROUT LAKE COMMUNITY CENTRE ARENA
3360 Victoria Dr. Vancouver

Health Check

VMHA members must **complete the TeamSnap Health Check PRIOR to arrival at the arena**. Health Check can be found in Event Details and is available 8 hours before the event.

A designated team official will check participants in and confirm the Health Check has been completed. Individuals will not be permitted to enter the building if the Health Check is incomplete/failed.

Entrance/Timing

Please arrive no more than 20 minutes prior to your ice time. Players and designated team officials will be allowed into the building 10 minutes before ice time. **No spectators are permitted.**

Masks are required. Players may remove their masks prior to stepping on the ice (helmets on). Off-ice, participants must wear masks at all times while in the building.

Arena entrances are at ground level, near the northeast corner of the area and will be marked with a VMHA logo. Please wait in this area (mask on, 2m from others) until the Rink Attendant opens the door for your group.

Practices

Please come to the rink mostly dressed. There will be marked areas for players to put on their skates, helmets & gloves.

Dressing areas are limited to 19 participants each. Participants are to remain in this area until a Rink Attendant lets them on to the ice. All personal belongings will remain in the dressing area until the players leave the arena.

Water stations are NOT available. Please fill your bottles before leaving for the rink.

No off-ice activities (dry-land/warm-up/stretching) are permitted inside the building.

At the end of the practice, **participants will have FIVE (5) MINUTES** to remove the minimum equipment required to **exit the arena** (skates, helmets & gloves).

Games

Dressing areas are not used. Water stations are NOT available.

No off-ice activities (dry-land/warm-up/stretching) are permitted inside the building.

Players* on BOTH teams arrive COMPLETELY dressed (with skate guards, helmets AND masks) and **access the ice immediately upon entering the facility.** It is recommended that players bring a small bag to hold their water bottle, skate guards, masks, etc. **Hockey bags are not permitted.**

*Goaltenders from both teams may arrive partially dressed and use a designated dressing area to put on their skates and pads. Coaches and officials (referees/linesmen) are also permitted to use this area.

At the end of the game, players will return to the bench and put on their masks before crossing the ice. They will put on their skate guards as they leave the ice and exit the facility immediately.

Additional Information

City of Vancouver arena capacity (games) is 45 participants; players, team officials, referees/linesmen, score & time-keepers only. NO SPECTATORS.

Arena map attached.

Trout Lake Arena

Appendix 5

